Calendar of Events
27/5  PBL Meeting - Parents invited
4/6  Life Education Van
13/6  Small School’s Spelling Bee
14/6  School Photos – Pre Paid
19/6  Triple P Parenting Program
26/6  Athletics Carnival

District Cross Country
Congratulations to the 13 students who attended the District Cross Country on Friday 24th May at Lennox Head. You represented your school with pride!

School Photos
We will be having our annual school photos taken on Friday 14th June. Pre - Paid Order Envelopes were sent home in Term 1. If you have lost yours please contact the office to arrange for another to be sent home. Our photos this year will be taken by a new company called The School Photographer.

Canteen
Work on the canteen is now completed and we can start using the canteen again. The P&C have asked for expressions of interest for a Canteen Coordinator. If you are interested in doing the role could you submit your interest in writing to the P&C and can be left at the school office.

David Owen
Principal

Life Education Van
The Life Education Van will be visiting our school on Tuesday 4th June. The cost for each student will be $4. The actual cost per student is $9, however the school will be subsidising $5 per student for this program. It is expected that every student will attend as there will follow up work done in the classroom. This program provides students with skills and knowledge to deal with many issues students may face during their childhood. The program also addresses many of the components in the NSW PDHPE Curriculum. A permission note has been sent home last week, please sign and return to the front office along with your payment.

School Assembly
We would like to extend an invitation to all our parents and carers to attend the assembly every Friday morning. The students form the senior class will be presenting a musical item on Friday 31st May. They have been learning the songs in class and are eager to present them to the school community.

Spelling Bee
On the 13th of June our school will be hosting the Southern Cross Community of Small Schools Spelling Bee. The event will be held at the Wardell Hall. 4 students from stage 2 and 4 students from stage 3 will be selected to participate in the event.

Thought is the wind, knowledge the sail and mankind the vessel.
Joke of the Week

Do you have joke that you think is funnier than these?
Q. Why did the chinaman get buried on top of the hill?
Answer: *Because he was dead.*
Q. What do crocodiles call children?
Answer: *Appetisers*
Q. Why do kangaroo mums hate bad weather?
Answer: *Their joeys have to play inside.*

If so email your joke to the school email address: wardell-p.school@det.nsw.edu.au

Please make sure your jokes are age and language appropriate and suitable for publication on our school website. The staff will decide what are the funniest jokes and they will be published in the following week’s newsletter.

SRC Update

Congratulations to Liam Shepherd and Alana Staff, the winners of the Crazy Hat Competition. The SRC raised a total of $38 in their latest fundraising venture for Wardell PS.

In the classroom and playground we will be building the knowledge, skills and attitudes of your children to help make them more active, more often, as well as helping students to make healthy eating choices.

At home, with good food habits and daily physical activity the family will be well on their way to a healthy life. Easy to say, but sometimes not so easy to do!

Our busy lifestyles can be hard on our family’s health. Rushing to and from school and work can make it hard to find time to be physically active.

We can also slip into the habit of choosing unhealthy snacks and take-away foods or spending our free time watching TV or in front of the computer.

However, these choices can be dangerous for our health and our children’s health – both now and in the long-term.

That’s why it’s so important to stop, take stock and make a conscious decision to follow a healthy lifestyle.

There are five simple ways for your family to lead a healthy lifestyle and get back on track:

- Choose water as a drink
- Eat fewer snacks and select healthier alternatives
- Get active each day
- Turn off the TV or computer and get active
- Eat more fruit and vegies

<table>
<thead>
<tr>
<th>Merit</th>
<th>Star</th>
<th>Student</th>
</tr>
</thead>
<tbody>
<tr>
<td>Xander D</td>
<td>Bianca F</td>
<td>John W</td>
</tr>
<tr>
<td>Georgia H</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Jamie H</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Deegan D</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Yazmyn A</td>
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P&C News

Uniform Update

The P&C uniform shop will no longer be carrying the Navy Blue School Shorts as part of their uniform supplies due to the fact that stores such as K Mart and Big W carry navy shorts that are much more affordable and perfect for school uniform requirements.

There is still some of the old stock of shorts available for parents to purchase at the reduced price of $5. There are varying sizes available so come along and grab a bargain. We also have very limited numbers of school jumpers and track pants available to purchase at a reduced price. Jumpers will be $15 and track pants will be $10.

Our school shirts from a new supplier have arrived and are available for purchase as well. These are a better quality of fabric and will be $25. There is still old stock available to buy and will be sold at a reduced price of $10. Does your child need a new shirt with school photos coming up. Grab a bargain while the stocks last.

Canteen Update

Jodi Wilcox has stepped up and agreed to run the canteen for your children every second Friday. We are still looking for someone to run the canteen on the weeks Jodi is not available. We would also like a volunteer to help Jodi on the weeks she is opening the canteen. If you have some spare time on a Fridays and could help with opening the canteen please let Ms Welstead in the office know or see Jodi. Your help would be greatly appreciated.

Please use the menu attached at the bottom of this newsletter if you wish your child to order lunch from the canteen on Friday 31st May and return to the office by Thursday 30th May.

<table>
<thead>
<tr>
<th>ITEM</th>
<th>PRICE</th>
<th>ORDER</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small Pies (3/4)</td>
<td>$1.50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Small Sausage Rolls</td>
<td>$1.00</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Poppers</td>
<td>$1.50</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Water</td>
<td>$1.50</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

The following items will be available at recess and will not need to be ordered.

<table>
<thead>
<tr>
<th>ITEM</th>
<th>PRICE</th>
<th>AMOUNT</th>
</tr>
</thead>
<tbody>
<tr>
<td>Slice of Cake</td>
<td>50c</td>
<td></td>
</tr>
<tr>
<td>Assorted Biscuits</td>
<td>10c -20c</td>
<td></td>
</tr>
<tr>
<td>Slice of Fruit</td>
<td>20c</td>
<td></td>
</tr>
<tr>
<td>Cheese &amp; Tom SAOS</td>
<td>30c</td>
<td></td>
</tr>
<tr>
<td>Cup of custard Small</td>
<td>60c</td>
<td></td>
</tr>
<tr>
<td>Cup of custard Lge</td>
<td>$1.00</td>
<td></td>
</tr>
<tr>
<td>Ice Blocks</td>
<td>50c</td>
<td>Lunchtime only</td>
</tr>
<tr>
<td>Packet of Chips</td>
<td>80c</td>
<td>Lunchtime only</td>
</tr>
</tbody>
</table>
TRIPLE P – POSITIVE PARENTING PROGRAM

Seminar Series

Jumbunna Community Pre School and Early Intervention will be holding a Seminar Series at Wardell Public School. The aim of the group is to increase parental competence and confidence in raising children by:

- Increasing parents’ competence in managing common behaviour problems and developmental issues
- Reducing parents’ use of coercive and punitive methods of disciplining children
- Improving parents’ communication about parenting issues
- Reducing parenting stress associated with raising children

Triple P is a parenting program for all families that provides practical answers to everyday parenting concerns.

The Triple P parent Seminars:
The Power of Positive Parenting
Raising Confident, Competent children
Raising Resilient children

DATES: Wednesday 19th June

TIMES: 9:00am -2:30pm  Morning tea and light lunch provided

VENUE: Wardell Public School

Child minding available at Sugartown preschool for children birth to 6 years

COST: No charge

FACILITATORS: Wendy Ferguson  CONTACT KAREN or WENDY  IF YOU WOULD LIKE A PLACE.

TELEPHONE: 66622866 or 0429232790
Woolworths Earn and Learn Promotion

Our school is taking part in the Woolworths Earn & Learn Community Program, which runs from Monday 8\textsuperscript{th} April 2013 to Sunday 9\textsuperscript{th} June 2013.

Woolworths will give you one Earn & Learn sticker for every $10 you spend in store (excluding the purchase of cigarettes, alcohol and gift cards).

All you need to do is place the stickers on your Woolworths sticker card, (Sticker cards are available from the front office or your local store.

When completed you can bring the completed cards to the front office and hand in to Ms Welstead or place into the special collection box at Ballina Fair marked with Wardell Public School.

At the end of the promotion our collection of points can be redeemed against a choice of more than 7,000 educational resources. This list is extensive and includes library books, classroom equipment, art & craft materials and much, much more..... There is no limit to the number of points we can collect, so your participation will really make a difference. For further information go to woolworths.com.au/earnandlearn.
Wardell Red Cross is holding a charity golf day at the Wardell Golf Course on **Sunday 23rd June** from 7.30-11am.
$20 per player.
Includes morning tea and lunch.
A fun day of golf.
Lots of wonderful prizes to be won.
Beginners welcome.
Enquiries and bookings phone Vicki Turner 6683 4098

Wardell Red Cross is holding its annual Arts and Craft Show on **Sunday 4th August** in the Wardell Memorial Hall from 10am -1.30pm.
Morning tea and light refreshments available. A variety of stall holders with many items to be purchased.
Red Cross stall, raffle and much more....
Enquiries phone Monica 6687 9620