Calender of Events
25/6  Healthy Living Day at Cabbage Tree Island PS
25/6  Stage 2 and Stage 3 AFL Skills at Empire Vale PS
26/6  Small School’s Athletics Carnival – Wardell Sports and Recreation Grounds
31/6 P&C Meeting 6pm - All welcome
21/8  Book Fair- More Information Next week

David’s Discourse
Healthy Living Activity Morning
On Thursday 25th July all students will be travelling to Cabbage Tree Island PS (there is no cost for students for this activity) for a 2 hour Healthy Living Session with the students from Cabbage Tree Island. This is part of our PDHPE studies covering topics such as alcohol, tobacco and Healthy Living and it is expected that all students will participate. There will be no supervision for students at Wardell PS for students not attending. Please fill in the permission note accompanying this newsletter and return to the office by Wednesday 24th July.

AFL Skills
On Thursday 18th July the Stage 2 and Stage 3 students travelled to Empire Vale PS for the first of the AFL Skills training sessions. Thank you to Jodi Wilcox, Cheryl Wilson and Mrs Lyndon for your help with transporting the students. We will be travelling to Empire Vale PS again this Thursday for the second and final AFL Skills Training Sessions. If you are able to help this week with transport please let the office know. Without the ongoing support of our parents Wardell PS would not be able to offer programs such as this to our students. Your help is always greatly needed and appreciated.

Small School’s Athletics Carnival
Due to wet weather the Small School’s Athletics Carnival on Friday 19th July was postponed.

The new date for the Smalls School’s Athletics Carnival will be this Friday 26th July and will be held at the Wardell Recreation Grounds. If you have some spare time you can donate on Friday to help with running some of the students’ events, please contact the school. If the weather is unfavourable an announcement will be made on 2LM Radio Station between 7am and 7.30am. Please sign and return the permission note accompanying this newsletter by Thursday 25th July.

Fundraising Activities
On Friday the 28th June and Friday 19th July Mr Owen, Mr Macpherson, Miss Crealy and Ms Welstead attended the ‘Wardell On The River’ Hotel to participate the Raffle Draws held every Friday night in a fundraising activity for Wardell Public School. Prizes on offer were three meat trays and three seafood trays. Tickets sell for $1.00 each, 6 for $5.00 or 13 for $10.00. So far we have raised $486.85 for our school. Our next raffle at ‘Wardell On The River’ is 16th August. We would love our families to join in and get behind this fundraising venture, please set aside this date in your calendar to come along and support your school. Many thanks to Janina Suffolk, an ex-parent of Wardell Public School for her valuable help in organising the raffle prizes and helping to sell tickets for last Fridays draw. Funds raised will go towards subsidising educational and extra-curricular needs for your children.
Positive Behaviour for Learning

Staff are continuing to focus on rewarding students in the playground, classroom, library and office for doing the right thing and behaving appropriately. Students received Wardell Winners for following the school rules;

- Being Safe
- Being Fair
- Being Respectful
- Being a Learner

689 Wardell Winners were given out to our students during the first week of Term 3 – a 4 day week! The average received per student was 21 Wardell Winners for the week. As there was no assembly, Wardell Winners have been collected and kept for the draw at the next scheduled assembly in Week 3.

There are new posters being displayed around the school to help teachers focus on positive behaviours. Positive Behaviour for Learning is based around the philosophy of PREVENTing problems occurring, TEACHing the appropriate behaviours NOT presuming students know what to do, ACKNOWLEDGING when students are doing it right and CORRECTing them if they are doing something wrong.

If you have any questions about PBL or would like more information, please contact Miss Crealy at school.

Did You Know?

In NSW, close to 60% of children do not eat the recommended amount of vegetables.
Research shows that watching a lot of TV is associated with children and teenagers drinking more soft drink and not eating enough fruit and vegetables.

Some ideas to try:

- Involve the whole family in choosing and preparing fruit and vegies.
- Select fruit and vegies that are in season – they taste better and are usually cheaper.
- Keep a bowl of fresh fruit in the home.
- Be creative in how you prepare and serve fruit and vegetables - such as raw, sliced, grated, microwaved, mashed or baked; serve different coloured fruit and vegies or use different serving plates or bowls.
- Include fruit and vegies in every meal. For example, add chopped, grated or pureed vegetables to pasta sauces, meat burgers, frittatas, stir-fries and soups, and add fruit to breakfast cereal.

Joke of the Week

Do you have a joke that you think is funnier than these?

Q. How do you make a tissue dance?
A. Put a little boogie in it.

Thank you to Tameka Devine-Davey for sending in her joke for this week.
If so email your joke to the school email address: wardell-p.school@det.nsw.edu.au
Please make sure your jokes are age and language appropriate and suitable for publication on our school website. The staff will decide which are the funniest jokes and they will be published in the following week’s newsletter.